

Keep busy!

- Make up a dance routine to your favourite song
- Video call a friend or family member
- Play Countdown
- Set up a treasure hunt
- Write a letter or card to a local nursing home
- Create a fitness circuit and do it
- Create a window decoration
- Clean your bike
- Plant bulbs ready for spring
- Draw around shadows
- Style your hair
- Make a reading den
- Go on a nature scavenger hunt
- Read
- Draw or doodle - <http://www.robbiddulph.com/draw-with-rob>
- Make some origami animals
- Bake a cake or biscuits
- Send a friend a card
- Practise tying your shoelaces or a tie
- Make a book
- Apply for a Blue Peter badge
- Learn the capitals of countries
- Practise your spellings
- Make an obstacle course
- Make a bird feeder
- Play Scrabble or Boggle
- Make a certificate for someone
- Conduct a science experiment
- Wash the car
- Walk a dog
- Play hopscotch
- Make a nature stick
- Help to make lunch or dinner
- Race paper aeroplanes

- Create a comic strip
- Learn a foreign language
- Train your pet
- Decorate a rock and hide it
- Dig in the garden
- Play pool sticks
- Do some yoga
- Tidy your bedroom
- Do some potato print printing
- Earn some pocket money
- Take some interesting photos
- Go for a walk
- Send a postcard
- Decorate the pavement with chalks
- Make an eggpet
- Watch a film
- Go on a bug hunt
- Make something out of Lego
- Host a tea party
- Decorate a sheet of kitchen roll with felt tips
- Splash in puddles
- Make a junk model
- Draw your family tree
- Design an app
- Make slime
- Make something with a cardboard box
- Create a picture using buttons
- Learn about a new country
- Try a new food
- Tell a story out loud
- Play a board game
- Do some bird spotting
- Write a thank you card
- Learn to tell the time
- Donate an old toy to charity
- Learn how to sew